

Syllabus [2025Year 1 Term]

Course Information

Course Title	Taekwondo	Credits	2
Course Code	420050-1	Required/Elective (For Undergraduate Courses)	
Department or Major	College	Language	English
Methods of Teaching		Lecture Room	목5,6,7,8(체육B229)
Time Allotment	Lecture(2) Experiments(0) Trainging & Practice(0) P erformance(0) Designing & Planning(0)	Cyber Lectures	
Course Type	offline		

Lecturer

Lecturer	Name	CHIN SEUNGTA AE	Rank	Professor	Final Academic Degree	이학박사
	Department & college	School of International Sports Studies		Office		
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	Field of Interest					

Course Summary

Course Description	The purpose of this class is to look at the values and grasp of Taekwondo for all which is completed to practical instrument and theory for attempting health as a portion of life style and Taekwondo for all of all status.
Description Related Courses	
Course Goals	Fostering of organization civic behavior as members of Taekwondo, Taekwondo for all and social organization
Projected Results	Fostering as leader of Taekwondo for all who is overflowing with competence and confidence
Percentage of the original language classes(%)	

## Syllabus

Times	Lecture Topic	Lecture Goals	Lecture Methods	Assignments
1	Orientation	Orientation		
2	Understanding of Taekwondo	Understanding of Taekwondo		
3	Taekwondo and modern society	Taekwondo and modern society		
4	Basic Movement and physical fitness	Basic Movement and physical fitness 1		
5	Basic Movement and physical fitness	Basic Movement and physical fitness 2		
6	Understanding of Taekeuk Poomsae	Understanding of Taekeuk 1 Jang		
7	Understanding of Taekeuk Poomsae	Understanding of Taekeuk 2 Jang		
8	Midterm	Midterm		
9	Understanding of Taekeuk Poomsae	Understanding of Taekeuk 3 Jang		
10	Understanding of Taekeuk Poomsae	Understanding of Taekeuk 4 Jang		
11	Understanding of Taekeuk Poomsae	Understanding of Taekeuk 5 Jang		
12	Understanding of Taekeuk Poomsae	Understanding of Taekeuk 6 Jang		
13	Understanding of Taekeuk Poomsae	Understanding of Taekeuk 7 Jang		
14	Understanding of Taekeuk Poomsae	Understanding of Taekeuk 8 Jang		
15	Final exam	Final exam		

## Methods of Grading

sequence	Description	Percentage	Details
1	Mid-term Exam	40%	
2	Final-exam	40%	
3	Pop Quizzes	0%	
4	Assignments	0%	
5	Reports	0%	
6	Presentations & Discussions	0%	
7	Attendance	20%	
All		100%	

sequence	Description	Percentage	Details
8		0%	
9	Others	0%	
All		100%	

## Core of Value

핵심가치	핵심역량	하위역량	역량정의	역량구분	값 (%)
혁신 (Discovery)	문제해결 (Deliberation)	분석력 창의력 종합적 사고력	문제상황을 명확하게 이해하고 체계적으로 분석하여 창의적으로 해결할 수 있는 능력		0%
혁신 (Discovery)	전문지식 (Knowledge)	탐구능력 논리적 사고력 전문지식/기술	전공분야 지식과 기술, 그리고 관련된 다양한 정보를 활용하여 논리적으로 사고하고 탐구하는 역량	주역량	0%
헌신 (Dedication)	세계시민 (Universal value)	외국어능력 다문화 수용능력 공감능력	세계 각지의 다양한 언어, 문화, 역사에 대한 이해를 바탕으로 글로벌 이슈에 대응할 수 있는 능력		0%
헌신 (Dedication)	협력.헌신 (Dedication)	대인관계능력 협업 능력 공동체 의식	공통의 목적과 가치를 위해 개방적인 태도와 균형 잡힌 시간으로 서로 돕고 헌신할 수 있는 능력	부역량	0%
능동 (self-Determination)	자기주도 (maNagement)	독립성 성찰 능력 자기개발능력	자기 스스로 목표를 세우고 목표를 달성하기 위해 주체적으로 실천할 수 있는 능력	부역량	0%
능동 (self-Determination)	의사소통 (Articulation)	표현력 이해력 조정력	언어 또는 다양한 매체를 활용하여 다른 사람들과 효과적으로 상호작용할 수 있는 능력		0%

## Textbook(s) &amp; References

Description	Title	Author	Publisher
no result			

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